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PRACTICAL INFORMATION FOR  
BABYSITTERS AND  
PARENTS/GUARDIANS



## 2.1. BABYSITTING

Babysitting is generally defined as the care of children by a third party for a few hours, when the parents/guardians are not at home. Babysitting must not exceed 8 hours. Babysitting is mainly performed by students between the ages of 15 and 29, in order to gain experience with children and earn a little money. Remuneration must be at least equal to the hourly rate of the legal minimum wage for students\*.

Babysitters are often trusted people from the children's family circle, close relatives, acquaintances or, as in the case of "Babysitting.lu", from an online contact platform. The duration of babysitting and remuneration are agreed in advance between the two parties (the model agreement in Appendix 4 can be used).

Babysitting is therefore fundamentally different from regular full-time childcare by an au pair and professional childcare by trained day parents.

## 2.2. FIRST MEETING

In the interests of all concerned, we recommend arranging a meeting to get to know each other before the first babysitting session. This meeting enables parents/guardians and babysitters to get to know each other and clarify the details of a future collaboration. It's also important for the babysitters to get to know the children, to find out whether each party feels comfortable in the other's presence.

During this appointment, all the important information concerning the child's diet, hygiene, habits and rituals must be discussed with the babysitters.

Parents/guardians can also give valuable advice on childcare.

For babysitters, an introductory meeting has the advantage that all relevant details can be clarified (see form for parents/guardians or form for babysitters in appendix).

The purpose of such an appointment is not to look after the child, but to get to know each other and plan a harmonious first babysitting session. As a result, there is no charge for this appointment.

The following points should be clarified during a first meeting :

- Where can parents/guardians be reached in a case of emergency?
- Other emergency numbers: family doctor, pediatrician / parents / neighbors...
- Does the child suffer from any illnesses or allergies?
- Does the child require medication? If so, which ones?
- What are the babysitting duties (preparing meals, washing up, etc.)?
- Sleeping habits / bedtimes
- What is the child allowed to do (e.g. PC, TV, etc.)?
- Where can I find a change of clothes, diapers, a first-aid kit, etc.?
- How is the babysitter's transport paid for?
- Rate and method of payment (cash or payconiq)
- Does the babysitter have any allergies or intolerances?
- What can the babysitter do when the child is asleep?
- Information about any camera surveillance in the house is mandatory.

Parents/guardians and babysitter have the right to say "no" at any time if the relationship of trust is not good.

\*ITM: <https://itm.public.lu/de/questions-reponses/droit-travail/autres-contrats/b/b5.html>



## 2.3 BABYSITTER CERTIFICATION

To be able to register on “Babysitting.lu”, you must have successfully completed a babysitting training course with one of Babysitting.lu’s partners. The list of partners, including contact details, is available on Babysitting.lu under the heading “partners”.

The training course lasts at least 7.5 hours and includes compulsory topics. Each partner is free to choose additional content and methodology.

In addition to the standard basic training, additional modules are offered on a voluntary basis to deepen knowledge. These modules are planned and implemented by the partners themselves.

The babysitting training offered by Babysitting.lu is at the heart of our quality strategy, and aims not only to provide young people with basic childcare skills, but also to prepare them professionally and comprehensively for their role as babysitter.

The following topics are an integral part of babysitter training:

<b>Introduction</b>	<b>2 h</b>
<b>General terms and conditions for babysitting</b> Rights and obligations of parents/guardians and babysitters   International children's rights   Forms for parents/guardians and babysitters   Babysitters' responsibilities	
<b>Communication with parents/guardians</b> Expectations of parents/guardians   Behavior toward parents/guardians	
<b>Communication with the child</b> Verbal and non-verbal communication   Interacting with children   Recognizing a child's signals	
<b>The ABC of first aid</b> Children's injuries, illnesses and dangers Avoiding hazards - Preventing hazards   Reacting in an emergency	<b>1 h</b>
<b>A child's development</b> Children's stages of development   Managing children's anxiety   Activities adapted to children's age and stage of development	<b>1 h</b>
<b>Practical application</b> Feeding - Preparing a bottle, a hot water bottle, ... Child hygiene - bathing, changing diapers, brushing teeth   Carry, hold and lift a baby correctly   Games and crafts   Rituals - bedtime and dinner	<b>3 h</b>
<b>Conclusion of the training</b> Evaluation with the participants   Teaching file and forms Babysitting.lu - registration, activation, exchange   The role of Babysitting.lu's partners	<b>0.5h</b>



## 2.4. RIGHTS AND OBLIGATIONS OF BABYSITTERS AND PARENTS/GUARDIANS



### OBLIGATION TO INFORM

Babysitters must be adequately informed in advance, so that they can react in the event of an emergency. The attached forms for parents/guardians and babysitters serve as a model (see appendices 2 and 3).

Babysitters must keep parents/guardians adequately informed about the babysitting process.



### TIME SLOT

Each babysitting session must last a maximum of 8 consecutive hours. If babysitters are required to stay overnight, the maximum duration is 10 consecutive hours. Even when the children are asleep, babysitters are fully responsible. This must be taken into account in the remuneration.

Parents/guardians must inform the babysitter of the time of return. Any delay must be communicated at least one hour in advance.



### BABYSITTER'S TASKS

Babysitters can only be hired for the tasks that are part of babysitting: playing with the children, feeding them, putting them to bed, changing them... they can't do housework or other chores. However, it is to be expected that the dishes used by the babysitters and/or children are rinsed. Babysitters are therefore encouraged to question dubious tasks and, in the event of abuse by parents/guardians, to refuse to perform the task.



### FORMS FOR PARENTS/GUARDIANS AND BABY-SITTERS

Forms for parents/guardians and babysitters are available in Appendix 2 and Appendix 3. They are used to plan and clarify the details of babysitting. In addition, the model agreement (Appendix 4) defines the terms and conditions of babysitting.



### CLARIFICATION OF BEHAVIORAL RULES

Rules governing the behavior of the children should be discussed with the parents/guardians beforehand (e.g. during the introductory meeting). They should be applied as consistently as possible during babysitting. The tolerance threshold should also be discussed, so that it is not exceeded by the young person during babysitting. For example: bedtime, allergies and medication, food such as Coke, potato chips, etc.



### SUPERVISION OBLIGATION

The child must not be left unattended at any time (while sleeping, babysitters must be in the immediate vicinity). The child's call must be audible, and the child must be able to go to the babysitter. Regular checks are essential.

The child must not be physically or psychologically harmed; any dangers must be avoided.

The child's privacy and his limits must be respected.



### NO VIOLENCE

The child must not be physically or psychologically abused, even if this corresponds to the parent/guardian's upbringing style (no hitting, shoving, shaking, shouting, etc.). If there is any suspicion of violence within the family, babysitters must confide in a reference person and not act on their own.



### ASSUMING RESPONSIBILITY

Babysitters must assume responsibility for the children entrusted to them and look after their well-being while babysitting.





### DISCRETION

Confidential information must not be divulged to third parties.



### FILMING AND PHOTOGRAPHING

During babysitting, it is forbidden to take photos, film or send recordings to friends, family or other third parties.



### MEDICINES

The administration of medication is not authorized without the formal agreement of parents/guardians and in compliance with the instructions (dose, schedule, etc.) given.



### AVAILABILITY IN CASE OF EMERGENCY

Parents/guardians must be contactable at all times. Other telephone numbers of relatives or neighbors must be requested and made available to the babysitter.



### THE CHILD FALLS ILL BEFORE THE SCHEDULED DATE

If the child suddenly falls ill or babysitting is no longer required, parents/guardians must cancel as soon as possible by telephone. It is not permitted to schedule babysitting for a sick child.



### THE BABYSITTER FALLS ILL BEFORE THE SCHEDULED DATE

If the babysitter suddenly falls ill, he/she must cancel the appointment as soon as possible by telephone. It is forbidden to turn up sick for a babysitting appointment.



### CANCELLATION OBLIGATION

In the event of unavailability, babysitters must notify parents/guardians as soon as possible, i.e. at least 24 hours in advance.



### SECURITY CAMERAS

Young people must be informed if security cameras are installed in the house. Surveillance during babysitting is not permitted.



### MEALS & DRINKS

During babysitting, food and drinks must be available for the entire duration of the stay. If babysitting lasts several hours, drinks and snacks must be adapted accordingly. Babysitters are entitled to free meals during the child's meals.



### PUNCTUALITY

Babysitters must start at the agreed time.



### INVITE FRIENDS AND/OR FAMILY MEMBERS

It is forbidden to invite or host friends or family members while babysitting. Access to the family home is strictly forbidden to third parties.



### THE PROPERTY OF PARENTS/GUARDIANS

Parents'/guardians' property may only be used with their permission. In case of emergency, please use the landline telephone.



### SMARTPHONE USE

It should be discussed with parents/guardians whether the use of their own smartphone is permitted during babysitting. The use of the smartphone is not questioned in an emergency, but questions relating to taking photos or videos of the children, the use of Wifi, etc. need to be addressed.





### ABSTAIN FROM ALCOHOL AND DRUGS

The consumption of alcohol and illegal drugs is prohibited during babysitting. Babysitters must present themselves in a state of sobriety. It is forbidden to smoke in the presence of children while babysitting, and to neglect the obligation of supervision by leaving to smoke.



### TRANSPORTATION OF THE BABYSITTER

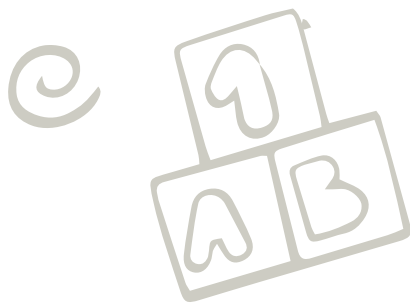
Parents/guardians undertake to collect children from their homes and return them there if they are babysitting.

The applicable traffic regulations must be observed to ensure the protection of the children. Exceptions concerning transportation may be negotiated between the two parties. However, this must not be to the detriment of the babysitter's personal safety.



### OVERNIGHT

In the case of overnight babysitting, suitable accommodation must be provided. Babysitters are also responsible for sleeping children, and this must be factored into their remuneration.

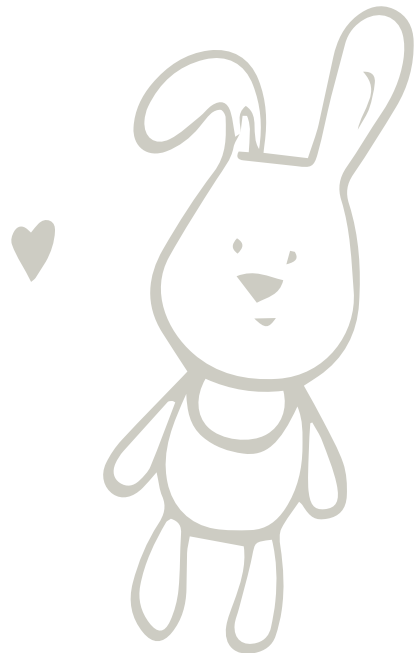


### SALARY

Babysitters have the right to be paid. Parents/guardians agree to pay the full cost of babysitting at the end of the babysitting period. Babysitting fees must be at least equal to the hourly rate of the legal minimum wage for students\*.

The rate may vary according to the experience of the babysitter. For each additional child, an additional amount agreed with the parents/guardians\* will be charged.

With the babysitter's agreement, a flat rate can be agreed for the service. In addition, both parties must agree on when an extra hour will be charged (after 15 minutes, after 30 minutes,...). Payment must be guaranteed and paid in full until the parents/guardians return, even for the children's sleeping hours. Payment on credit is not tolerated.



\* <https://guichet.public.lu/de/entreprises/ressources-humaines/contrat-convention/jeunes-actifs/etudiant.html>

\* ITM: <https://itm.public.lu/de/questions-reponses/droit-travail/autres-contrats/b/b5.html>



